



## Autism Workshops

Dear parent,

To support our children with autism in school, we are running some workshops. Your child has been invited to attend these either because they have been diagnosed with autism or because we are monitoring him/ her in school with the intention to assess him/ her for autism at a future date.

There are 6 workshops throughout the year which will run as follows, starting in January:

Spring Term 1	Spring Term 2
<p><b>Welcome Session</b></p> <p>Who is who?</p> <p>Why are we here?</p> <p>What do we know about autism?</p>	<p><b>What is autism?</b></p> <p>We will watch a short YouTube clip about autism</p> <p>We will discuss how autism affects each of us, embracing who we are.</p>
Summer Term 1	Summer Term 2
<p><b>Autistic Strengths</b></p> <p>We will identify some famous autistic people</p> <p>We will look at jobs and careers, using superpowers to be successful</p>	<p><b>ASD Social Way of Being</b></p> <p>Looking at strategies and ways to cope</p>
Autumn Term 1	Autumn Term 2
<p><b>Sensory Strategies</b></p> <p>Understanding our senses, how they affect us and how we can help ourselves with sensory overload</p>	<p><b>Creating Our own order in life and social situations</b></p> <p>What strategies can we use to support ourselves with our autism?</p>

Once your child has completed the 6 workshops, they are welcome to continue them the following year.

You do not need to complete a consent form for your child to access these workshops, however, if you do NOT want your child to take part, please can you contact the school office.

Kind regards,

The SEND Team.