

WELCOME TO YOUR + SCHOOL LUNCH SERVICE

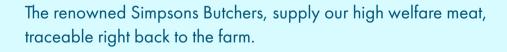
Our menus offer a wide variety of tried & tested child-friendly recipes, that meet and often exceed the national standards for school lunches.

Full allergen information is available and special dietary requirements can be catered for. You can download each terms allergen information here idealschoolmeals.co.uk/allergen-advice

Should your child have a medically diagnosed allergy or health condition and you'd like to discuss what we can offer, please contact us.



Supporting the local economy and keeping food miles low is really important to us.





Jonathon Hull provides a large proportion of the fresh vegetables and potatoes used in our meals, many of which are grown in Lincolnshire.



This Grantham based company, managed by a Father and son, have been trading for over 30 years and supply all of our freshly baked bread rolls.

upcoming theme days



National School Meals Week 2023

6TH - 10TH NOV

Celebrating 30 years of NSMW.

Monday - Launch Day

Tuesday - Come Dine with Us

Wednesday - National Roast Dinner Day

Ihursday - Try Something New

Friday - Happy 30th Birthday National School Meals



The annual event that supports local charities and projects to help change the lives of disadvantaged children and young people all over the country.



Spreading some festive cheer whilst raising money and awareness for people affected by dementia. Our kitchen elves will be preparing our super popular brunch menu, followed by festive cookies.



VARIOUS DATES

The most popular lunch of the year, showcasing traditional roast options and festive desserts. Check your school menu for dates and options.





Fri 3rd Nov

	Monday 30th Oct	Tuesday 31 st Oct	Wednesday 1 st Nov	Thursday 2nd Nov	Friday 3rd Nov
Lunch Option 1	MSC Breaded Fishcake	Creamy Tomato Macaroni & Garlic Bread	Roast Turkey	Mild & Creamy Coconut Chicken Curry & Rice	Bonfire Bangers- (Simpsons Lincolnshire Sausage) & Fresh Bread Roll
Lunch Option 2	Breaded Vegetable Fingers	Mild Mexican Bean Wrap	Cheese & Broccoli Fritter	Cheese & Bacon Potato Shells	Ham & Cheese Puff Pastry Catherine Wheel
Lunch Option 3	Cheese & Tomato Pizza Baguette	Vegetable & Lentil Curry with Rice	Quorn Sausage Casserole	Macaroni Cheese	Cheese Puff Pastry Catherine Wheel
1, 2 & 3 served with	Herby Roast Potatoes, Spaghetti Hoops & Cucumber Slices	Mixed Vegetables	Mashed Potato & Mixed Vegetables	Mixed Vegetables	½ Buttered Baked Potato & BBQ Beans
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Baguette	Cheese Baguette	Sliced Ham Baguette	Diced Chicken Mayo Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	Fruit Crumble & Custard	Chocolate Sponge & Chocolate Sauce	Fruit Salad & Squirty Cream	Tutti Frutti Biscuit	Toffee Sponge Cake with Buttercream
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



National School

Meals Week 2023

EVERYBODY BENEFITS

NATIONAL

6th-10th November			SCHOOL MEALS WEEK Thursday Friday		
	Monday 6th Nov	Tuesday 7th Nov	Wednesday 8th Nov	Thursday 9th Nov	Friday 10th Nov
	Launch Day: School Meal Favourites	Come Dine with Us	National Roast Dinner Day	Try Something New	Happy 30th Birthday National School Meals
Lunch Option 1	Cheese & Tomato Pizza Slices	Bolognese Pasta	Roast Beef	Chicken Breast with Rice & Optional Sweet & Sour Sauce	Simpsons Beef Burger, Fresh Bloomsbury Roll & Cheese
Lunch Option 2	Quorn Cottage Pie	BBQ Pulled Chicken, Fresh Roll, Cheese & Mayo	Vegetable Quiche	Bacon Mac' Cheese	Tuna Pizza Baguette
Lunch Option 3	Cheese Filled Potato. Shells	Mixed Bean Burrito	Homemade Quorn Toad in the Hole	Vegetable Noodles	Quorn Sausage Burger, Fresh Bloomsbury Roll & Cheese
1, 2 & 3 served with	Peas, Sweetcorn & Ketchup	Mixed Vegetables	Roast Potatoes & Mixed Vegetables	Mixed Vegetables	Baked Beans & Salad Platter
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Diced Chicken Mayo Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	Oat Cookie	Apple & Raspberry Sponge & Custard	Chocolate Cracknel	Carrot & Mandarin Sponge Cake	Vanilla Sprinkle Sponge Cake
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



World Kindness Day Nov.

Anti-Bullying Week 2023

MONDAY 13TH TO FRIDAY 17TH NOVEMBER

V Jo	Wy Nov.				
	Monday 13th Nov	Tuesday 14th Nov	Wednesday 15th Nov	Thursday 16th Nov	Friday 17th Nov
Lunch Option 1	Macaroni Cheese & Crusty Bread	Beef Cottage Pie	Roast Chicken & Roast Potatoes	Cheese & Tomato Chicken Melt & Buttered Baked Potato	Pudsey Spotty Pepperoni Pizza
Lunch Option 2	Salmon & Potato Bake	Hunters Chicken Pasta	Creamy Tomato Pasta	Mega Mild Beef Chilli & Rice	Breaded Chicken Grill
Lunch Option 3	Creamy Coconut Vegetable Curry & Rice	Stuffed Pepper in Tomato Sauce	Puff Pastry Quorn Sausage Roll & Roast Potatoes	Cheese Topped Veggie Cottage Pie	Quorn Dippers
1, 2 & 3 served with	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Curly Fries, Spaghetti Hoops & Salad Platter
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Diced Chicken Mayo Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	#BeKind Shortbread Biscuits	Strawberry Jelly with Diced Peaches	Toffee Sponge Cake with Buttercream	Flapjack Finger & Melon Slice	Pudsey Spotty Vanilla Sponge Cake
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



TACO TUESDAY



	Monday 20th Nov	Tuesday 21 st Nov	Wednesday 22nd Nov	Thursday 23rd Nov	Friday 24th Nov
Lunch Option 1	Creamy Tomato Macaroni & Garlic Bread	Mega Mild Mexican Chicken, Tortilla Wrap & Rice	Roast Pork	Beef Lasagne	MSC Fish Fingers
Lunch Option 2	Nut Free Pesto Pasta	Potato Taco Skins with Mega Mild Beef Chilli	Breaded Vegetable Fingers & Ketchup	Spinach, Tomato & Egg Muffins with Baby Potatoes	Cheese, Broccoli & Bacon Hot Pot
Lunch Option 3	Quorn Cottage Pie	Mega Mild Mexican Beans, Tortilla Wrap & Rice	Cheese Puff Pastry Whirl	Vegetable Lasagne	Homemade Vegetable Quiche
1, 2 & 3 served with	Mixed Vegetables	Rainbow Salad Platter	Mashed Potato & Mixed Vegetables	Mixed Vegetables	Mashed Potato & Baked Beans
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Diced Chicken Mayo Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	Cocoa Oat Cookie	Apple Crumble & Custard	Tutti Frutti Biscuit	Chocolate Cracknel	Fruit Salad & Squirty Cream
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



ST ANDREW'S DAY

FRIDAY 30TH NOVEMBER







Lunch	
Option	1

Macaroni Cheese & Garlic Bread

Monday

27th Nov

Puff Pastry Sausage Roll

Tuesday

28th Nov

Mild & Creamy Coconut Chicken Curry & Rice

Wednesday

29th Nov

Roast Chicken & Roast Potatoes

Thursday

30th Nov

MSC Battered Fish

1st Dec

Lunch Option 2

Potato

Mild Vegetable

Chilli & Baked

Pepperoni Pizza
Baguette

Beef Cottage Pie

Cheese

Bacon Mac'

Grilled Cheese Toastie

Lunch Option 3 Cheese Topped Veggie Cottage Pie

Breaded Quorn Dippers Vegetable & Lentil Curry with Rice

Quorn Sausage Casserole & Roast Potatoes

Cheese & Broccoli Fritter

1, 2 & 3 served with Mixed Vegetables

Jacket Potato

Mashed Potato & Baked Beans Mixed Vegetables Mixed Vegetables Diced Roast Potatoes, Peas & Ketchup

Lunch Option 4

ion 4 with a selection of fillings

Jacket Potato with a selection of fillings Jacket Potato with a selection of fillings Jacket Potato with a selection of fillings Jacket Potato with a selection of fillings

Lunch Option 5 Tuna Mayo Baguette

Cheese Baguette

Sliced Ham Baguette Diced Chicken Mayo Baguette Sliced Ham Baguette

4 & 5

served with

Served with Mixed Salad Served with Mixed Salad

Served with Mixed Salad Served with Mixed Salad Served with Mixed Salad

Dessert Option D

Butterscotch Cookie Chocolate Sponge & Chocolate Squce

Orange Jelly with Mandarins

Finger

Yeo Valley

Organic Yoghurt

St Andrew's Day

Shortbread

Carrot & Mandarin Sponge Cake

Dessert Option Y

Yeo Valley Organic Yoghurt Yeo Valley Organic Yoghurt

Fresh Fruit

Yeo Valley Organic Yoghurt

Yeo Valley Organic Yoghurt

Dessert Option F

Fresh Fruit

Fresh Fruit

Fresh Fruit

Fresh Fruit







Lunch	
Option	1

Lunch

Option 2

Lunch

Option 3

Creamy Tomato Macaroni & Garlic Bread

Monday

4th Dec

Quorn & Vegetable Cottage Pie

Mild Mexican Bean Wrap

Mixed

Vegetables

Jacket Potato

with a selection

of fillings

Tuna Mayo

Baguette

Served with

Mixed Salad

Banana &

Chocolate

Custard

Yeo Valley

Organic Yoghurt

Fresh Fruit

1, 2 & 3 served with

Lunch **Option 4**

Lunch **Option 5**

4 & 5 served with

Dessert **Option D**

Dessert Option Y

Dessert **Option F**

Nut Free Pesto

Quorn Balls in Tomato Sauce with Rice

> Mixed Vegetables

Tuesday

5th Dec

Chicken Breast

with Rice &

Optional Sweet &

Sour Sauce

Pasta

Jacket Potato with a selection of fillings

Cheese Baguette

Served with Mixed Salad

Tutti Frutti Sponge & Custard

Yeo Valley Organic Yoghurt

Fresh Fruit

Wednesday 6th Dec

The Ideal Brunch - Sausage, Hash Brown & Mini Bread Roll

MSC Fish Fingers, Fresh Roll, Cheese & Mayo

Veggie Brunch -Tomato & Egg **Muffins Hash** Brown & Mini Bread Roll

Baked Beans

Jacket Potato with a selection of fillings

> Sliced Ham Baguette

Served with Mixed Salad

Elf Day Festive Cookies

Yeo Valley Organic Yoghurt

Fresh Fruit

7th Dec

MSC Fish Cake

Cauliflower & **Broccoli Cheese** Bake

Quorn Puff Pastry Sausage Roll & **Roast Potatoes**

Mashed Potato, Spaghetti Hoops & Cucumber Slices

Jacket Potato with a selection of fillings

Diced Chicken Mayo Baguette

Served with Mixed Salad

Mango & Vanilla Sponge Cake

Yeo Valley Organic Yoghurt

Fresh Fruit

8th Dec

Bolognese Pasta

BBQ Pulled Chicken, Fresh Roll, Cheese & Mayo

Quorn Bolognese Pasta

Mixed Vegetables

Jacket Potato with a selection of fillings

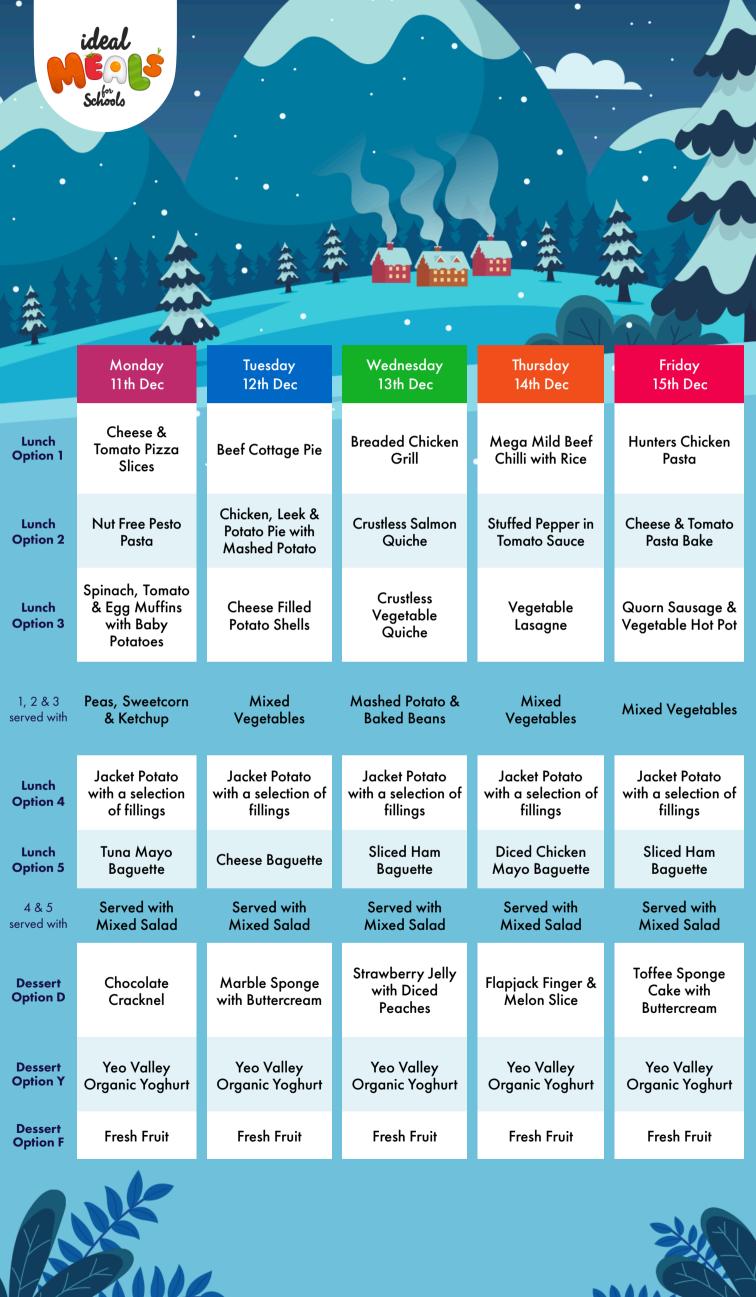
> Sliced Ham **Baguette**

Served with Mixed Salad

Strawberry Mousse & Melon Slice

Yeo Valley **Organic Yoghurt**

Fresh Fruit





Tuesday Monday 19th Dec 18th Dec Lunch Macaroni Cheese Beef Lasagne Option 1 & Crusty Bread Mild Vegetable Cheese & Bacon Lunch Chilli & Baked Option 2 **Potato Shells** Potato Mixed Bean Lunch Quorn Bolognese **Option 3 Burrito** Pasta 1, 2 & 3 Mixed Mixed Vegetables served with Vegetables Jacket Potato Jacket Potato Lunch with a selection of with a selection of **Option 4** fillings fillings Tuna Mayo Lunch Cheese Baguette **Option 5 Baguette** Served with Served with Mixed 4 & 5 served Mixed Salad with Salad Carrot & Dessert Oat Cookie Mandarin Sponge **Option D** Cake Yeo Valley Yeo Valley Dessert **Option Y** Organic Yoghurt Organic Yoghurt Dessert Fresh Fruit Fresh Fruit **Option F**

Wednesday 20th Dec

Christmas Lunch

Option 1: Christmas Lunch Roast Turkey & Stuffing

Option 2: Roast Beef & Yorkshire

Option 3: Christmas Vegetable Pie

All served with Roast Potatoes, Parsnips, Mixed Vegetables & Optional Gravy

> Dessert: Chocolate Yule Log

WE LOVE TO TALK ABOUT WHAT WE CAN OFFER YOUR CHILDREN

We are always on hand to answer any questions in relation to our service.

Contact us at any time using the details below.

TELEPHONE 01522 246424

EMAIL ENQUIRIES@IDEALSCHOOLMEALS.CO.UK

Follow us on social media.

It's a great way to see some of the meal options on offer.





